

BASIC FEELING WORDS

SAD

sorrowful – somber – blue - mournful – unhappy – downhearted
discouraged – depressed – glum – dreary – empty – choked up
disappointed – gloomy – grief stricken – hopeless – despondent
low

ANGRY

irritated – enraged - furious – annoyed – infuriated – offended
sullen – indignant – irate – cross – sulky – boiling – fuming
mad – provoked – wrathful – hateful – hostile – aggravated
frustrated – grouchy – bothered – miffed – ticked off

HAPPY

contented – pleased – satisfied – serene – comfortable – glad
joyous – ecstatic – rapturous – enthusiastic – blissful – cheerful
genial – sunny – lighthearted – buoyant – spirited – merry – jolly
mirthful – playful – gleeful – elated – peaceful – delighted
carefree – friendly – amused

HURT

**injured – pained – distressed – afflicted – crushed – tortured
agonized – aching – heartbroken – grieved – suffering – broken
tender**

AFRAID

**fearful – frightened – timid – nervous – anxious – fainthearted
paralyzed – shaky – apprehensive – terrified – panicky
insecure – worried – scared – concerned – cautious – uneasy
desperate**

MISCELLANEOUS

**confused – embarrassed – empathetic – sympathetic – weak
surprised – grateful – excited – bored – guilty – jealous
ashamed – curious – hopeless – helpless – lonely – defensive
confident – vulnerable – doubtful – interested – stimulated
thrilled – puzzled – amazed – shocked**